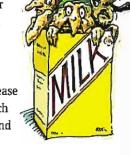
## What Can I Do?

# Following a few simple steps, you can help prevent sewer backups and spills:

- Pour cooled fats, oils and grease into a covered, disposable container and throw it into your garbage.

  Never pour fats, oils or grease down sink drains or toilets.
- Soak up remaining oils and grease with an absorbent material such as paper towels or kitty litter and throw into your garbage.



- Before you wash dishes, scrape food scraps, fats, oils and grease in your compost or trash.
- Avoid your garbage disposal. Use sink strainers to catch any remaining food waste while washing dishes.



5. Perform regular sink drain maintenance by mixing one cup each of baking soda and white vinegar and pouring it down the drain. Wait 15 minutes, then flush thoroughly with very hot water. Do not use method if a commercial product was recently used to remove the blockage.

For more information, contact the District's F.O.G. Inspector at (206) 244-9575 or www.swssd.com





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### **DISTRICT CUSTOMERS**

# Fight F.O.G.

# Keep Fats, Oils & Grease Out of Your Drain!™





### Southwest Suburban Sewer District

431 S.W. Ambaum Blvd. Burien, WA 98166 206-244-9575